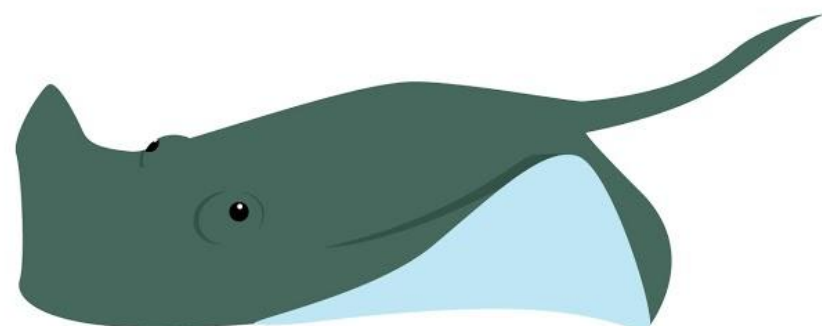




# STINGRAYS SWIM CLUB



## Recreational Swim Club for Youth and Teens

### Beginner Group:

Monday–Thursday  
3:30pm–4:25pm (55 Minutes)

### Intermediate/Advanced Group:

Monday–Thursday  
4:30pm–5:25pm (55 Minutes)

### MEMBER MONTHLY COST

1 day/week \$25  
2 days/week \$50  
3 days/week \$75  
4 days/week \$100

### NON-MEMBER MONTHLY COST

1 day/week \$30  
2 days/week \$60  
3 days/week \$90  
4 days/week \$120

**Ideal for youth or teens looking for a community environment to practice their swimming skills.**

Focus is on stroke & turn technique and rules, water safety, fostering community, team work, and building self-esteem.

Participate in fun swim meets to gain knowledge of competitive swimming. Once a year, they'll have a choice to participate in a small competitive meet.

### Swim club goals

- » Include 200 yard individual medley, treading water 2 minutes while holding a dive block
- » Improve strength, speed, endurance, confidence and gain water polo skills
- » Participate in scrimmages, as well as in rescue skills

**Prerequisite:** Flying Fish level skills, participate in a try-out, and gain coach approval.

This program is a month-to-month program that runs year-round. Program fees are due on the 1st of every month. Monthly payment contracts are required after the first month of participation.

Coach approval is required for participation. To try-out, complete a Swim Team Registration Form & Aquatics Agreement and contact the aquatics department to schedule your try-out. Try-outs held Monday–Thursday at 3:30pm.