LAP POOL SCHEDULE

Winter: January 1st - March 31st

	Sun	Mon	Tues	Wed	Thurs	Fri	Sat
5am		5am–5:45am Adult Lap Swim/Walk		5am–5:45am Adult Lap Swim/Walk		5am–5:45am Adult Lap Swim/Walk	
6am	Pool opens at 7am	5:45am–7am Masters Swimming *Up to 5 lanes used. Adult Lap Swim/Walk 2 or more lanes		5:45am–7am Masters Swimming *Up to 5 lanes used. Adult Lap Swim/Walk 2 or more lanes		5:45am–7am Masters Swimming *Up to 5 lanes used. Adult Lap Swim/Walk 2 or more lanes	Pool opens at 7am
7am	7am–9am Adult Lap Swim/Walk		5am–2:30pm Adult Lap Swim/Walk		5am–2:30pm Adult Lap Swim/Walk		7am–8:30am Adult Lap Swim/Walk
8am							8:30am–10am Masters Swimming *up to 5 lanes used.
9am	9am–12pm Adult Lap Swim/Walk *5-7 lanes Swim Lessons *Up to 2 lanes used.	7am–2:30pm Adult Lap Swim/Walk		7am–2:30pm Adult Lap Swim/Walk		7am–3:00pm Adult Lap Swim/Walk	
10am							10am–12pm Adult Lap Swim/Walk *5-7 lanes Swim Lessons *Up to 2 lanes used.
11am							
12pm	12:15pm–5pm Lap Swim/Walk						12:15pm–5:30pm Lap Swim/Walk
1pm							
2pm		2:30pm-3:30pm Lap Swim/Walk 5-7 lanes Swim Lessons 1 lane	2:30pm-3:30pm Lap Swim/Walk 5-7 lanes Swim Lessons 1 lane	2:30pm-3:30pm Lap Swim/Walk 5-7 lanes Swim Lessons 1 lane	2:30pm-3:30pm Lap Swim/Walk 5-7 lanes Swim Lessons 1 lane	2:30pm-3:30pm Lap Swim/Walk	
3pm		3:30pm–5:30pm Lap Swim/Walk 3-5 lanes used. Swim Team/Lessons *Up to 4 lanes used.	3:30pm–5:30pm Lap Swim/Walk 3-5 lanes used. Swim Team/Lessons *Up to 4 lanes used.	3:30pm–5:30pm Lap Swim/Walk 3-5 lanes used. Swim Team/Lessons *Up to 4 lanes used.	3:30pm–5:30pm Lap Swim/Walk 3-5 lanes used. Swim Team/Lessons *Up to 4 lanes used.	3:30pm–4:30pm Swim Lessons *1 lane	
4pm						4:30pm–5:30pm Swim Team *Up to 3 lanes used.	
5pm		5:30pm-9:30pm Lap Swim/walk *Adults only after 5:30*	6pm–7:15pm Masters 101 *Up to 5 lanes used. Lap Swim/walk *2 or more lanes. *Adults only after 5:30*	5:30pm-9:30pm Lap Swim/walk *Adults only after 5:30*	6pm–7:15pm Masters 101 *Up to 5 lanes used. Lap Swim/walk *2 or more lanes. *Adults only after 5:30*	5:30pm-9:30pm Lap Swim/walk *Adults only after 5:00*	
6pm	6pm-7:30pm Adult Lap Swim/Walk						6:30pm-7:30pm Adult Lap Swim/Walk
7pm	Pool closes 7:30pm		7:00pm-9:30pm Adult Lap Swim/walk		7:00pm-9:30pm Adult Lap Swim/walk		Pool closes 7:30pm
8pm							
9pm		Pool closes 9:30pm	Pool closes 9:30pm	Pool closes 9:30pm	Pool closes 9:30pm	Pool closes 9:30pm	

CLOSURES/NOTES:

Information | erika.payer@synergyhealthclub.com

Synergy Health Club